

Statement in support of application for role of POGP trustee board member

Rosie Harper

I am a Trainee Advanced Practitioner in Pelvic Health, clinical academic researcher and former lecturer, with over 10 years' experience across the NHS and private sector. I currently work at University Hospitals Dorset, where I have developed advanced clinical, leadership and multidisciplinary working skills across perinatal, urogynaecology, urology and colorectal pathways. I support men and women with complex conditions including pelvic organ prolapse, incontinence, sexual dysfunction and pelvic pain.

I recently completed an NIHR match-funded doctorate. My doctoral research explored the use of 'nudging' to improve pelvic floor muscle training adherence in antenatal women, strengthening my expertise in research, digital health and behaviour change. I have published internationally, presented nationally, contributed to policy and guidelines, and am passionate about translating research into meaningful improvements in clinical care.

My involvement with POGP has provided valuable insight into its charitable purpose, strategic priorities and future direction. As a member of the Journal sub-committee and co-editor of the Research Reviews Group, I support critical appraisal, dissemination of emerging evidence and research capacity building. I have also shadowed the Editor-in-Chief, contributed to POGP strategy development sessions and would be honoured to take on the role of Editor-in-Chief of the POGP Journal.

I am motivated to become a Trustee because I want to contribute strategically to the continued development, profile and sustainability of the profession. Further, I would like to grow the reputation, reach and impact of the POGP journal and help bridge the gap between research and clinical practice.

My key strengths are leadership, collaboration and communication. As a Trustee, I would seek to strengthen research capacity within POGP, support high-quality research and ensure findings are effectively disseminated and translated into practice. I want to bridge the gap between research and clinical practice, advance education and professional development, and strengthen collaboration and professional networks. I would also contribute to raising awareness of pelvic health physiotherapy within the wider healthcare community and strengthening links with the CSP, supporting a stronger collective voice for the profession.

I am passionate about improving public understanding of pelvic floor dysfunction and have been invited to discuss women's health on podcasts and BBC Radio Solent. I have also published in The Conversation on recovering from childbirth and contribute to the Dorset Women's Charter, including work supporting the development of a local women's health hub website.

I am already actively contributing to the POGP through research review, capacity-building and research publication activities and would relish the opportunity of taking on the role of Editor-in-Chief of the POGP Journal next year. I would bring enthusiasm, integrity, strategic thinking and a genuine commitment to POGP to the Trustee role to continue to drive forward the profession.